

# PATIENT HEALTH QUESTIONNAIRE

Chief Complaint - please list how and when symptoms began: \_\_\_\_\_

My symptoms are currently: **GETTING BETTER**                      **ABOUT THE SAME**                      **GETTING WORSE**

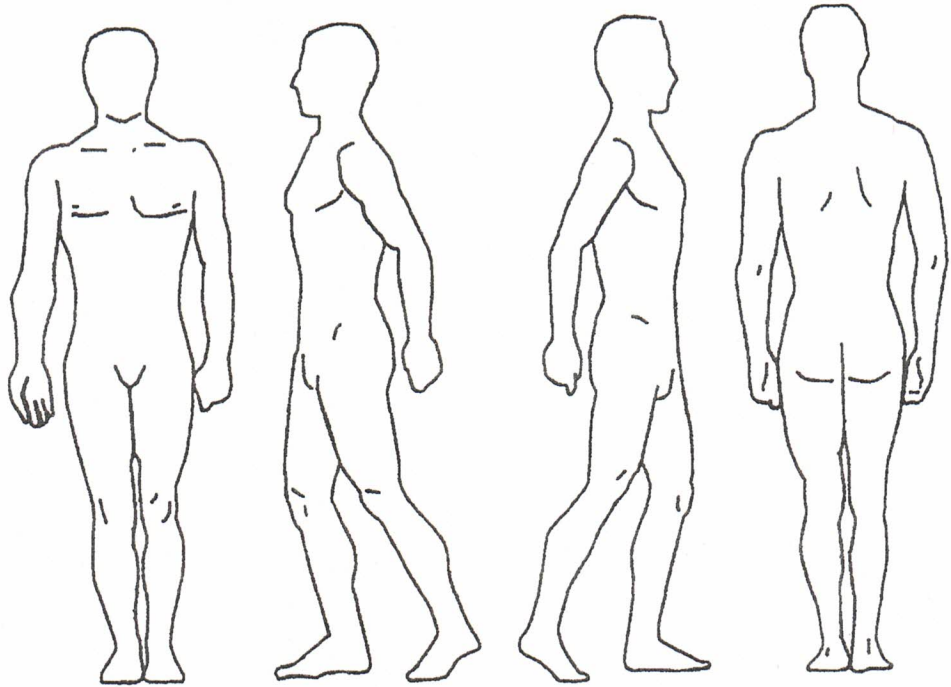
Please shade the area(s) where you feel symptoms

**What is the frequency of your pain?**

Constantly    Occasionally  
Frequently    Intermittently

**What describes the nature of your symptoms?**

Sharp            Shooting  
Dull ache        Burning  
Numb             Tingling



On the scale below, please circle the number that best represents the severity of your pain.

*Average for the past 48 hours*

NO PAIN            0            1            2            3            4            5            6            7            8            9            10

*Best for the last 48 hours*

NO PAIN            0            1            2            3            4            5            6            7            8            9            10

*Worst for the last 48 hours*

NO PAIN            0            1            2            3            4            5            6            7            8            9            10

**Aggravating Factors:**            STANDING            SITTING            LAYING DOWN            WALKING            BENDING

**Easing Factors:**            STANDING            SITTING            LAYING DOWN            WALKING            BENDING

What activities are most limited: \_\_\_\_\_

Patient/Guardian Initials. \_\_\_\_\_